

Essential SourceTM

Omega-3

Capsules

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	3 mg	1%*
Omega-3 Fatty Acids	1110 mg (1.11 g)	†
EPA (Eicosapentaenoic Acid)	660 mg	†
DHA (Docosahexaenoic Acid)	450 mg	†

* Percent Daily Values are based on a 2,000 calorie diet

†Daily Value not established.

Other Ingredients: Purified fish oil concentrate, Kosher gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant to preserve freshness).

Contains Anchovies, Sardines.

Recommended Adult Use: Take two capsules once daily with 8 fl oz water or other liquid.

WARNING: If you are pregnant, nursing, taking medication, have a health condition, or are planning a medical procedure, consult your health professional before use. Discontinue use and consult your doctor if any adverse reactions occur.

Product Number 12201

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