

Catalyst™

CAPLETS

Supplement Facts

Serving Size 2 Caplets

Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	<1 g	2%*
Vitamin A (as <i>Dunaliella salina</i> isolate [alpha-, beta-carotene, cryptoxanthin, zeaxanthin, lutein])	2,500 IU	50%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha-tocopheryl succinate, mixed d-alpha-, d-beta-, d-delta-, d-gamma-tocopherols, and tocotrienols)	30 IU	100%
Thiamin (as thiamin mononitrate)	3 mg	200%
Riboflavin (as riboflavin)	3.4 mg	200%
Niacin (as niacinamide)	10 mg	50%
Vitamin B ₆ (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	4 mg	200%
Folate (as folic acid)	200 mcg	50%
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	200%
Biotin (as biotin)	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate)	20 mg	200%
Calcium (as calcium carbonate, calcium citrate-malate-glycinate)	500 mg	50%
Iron	0.5 mg	3%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium glycinate)	245 mg	61%
Zinc (as zinc glycinate)	7.5 mg	50%
Selenium (as selenomethionine)	100 mcg	143%
Copper (as copper glycinate)	1 mg	50%
Manganese (as manganese glycinate)	1 mg	50%
Chromium (as chromium dinicotinate glycinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	37.5 mcg	50%
Sodium	10 mg	<1%
Spirulina Algae	100 mg	†
Ambroglycin®	92 mg	
Watercress (leaf) †, Spinach (leaf) †, Green Pea Fiber †, Ginger (root) †, Ambrotose® complex* (Arabinogalactan [from <i>Larix</i> spp. wood] †, Aloe Vera (inner leaf gel powder) †, Ghatti Gum †, Gum Tragacanth †)		
Choline (as choline bitartrate)	25 mg	†
Inositol	12.5 mg	†
Phytonutrient Complex 2	25 mg	
Acerola Extract (fruit) †, Orange (peel) †, Rice Bran †, Rose Hips †, Soy Protein Isolate †		
Alpha-Lipoic Acid	7.5 mg	†
Coenzyme Q10	6 mg	†
Boron (as boron glycinate)	1 mg	†
Vanadium (as vanadyl glycinate)	100 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, magnesium stearate, pharmaceutical glaze.

Recommended Adult Use: Take two caplets twice per day (morning and afternoon) with 8 fl oz of water or other liquid.

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Product Number 12001

*Ambrotose complex US Patent Nos. 7,157,431 and 7,202,220

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